86% Carbon Emission Reduction with a Reusable Sharps Container

UK hospitals are seeking greater sustainability. Waste reduction studies using reusable sharps containers are well established, but lack the depth of a Life Cycle Assessment (LCA) of energy emissions for manufacture, transport or processing.

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Objectives

To develop an innovative model to ascertain the difference in carbon emissions between reusable and disposable sharps containment systems.

Design and Methods

We used a Before/After intervention model from a 1,250 bed UK Acute-care Trust which converted from polypropylene disposable sharps containers (Daniels Healthcare, Hertfordshire UK) to an ABS reusable sharps container (Sharpsmart Ltd, Spennymoor UK.) $\rm CO_2e$ emissions for all life stages were calculated using internationally accepted unit energy consumptions for:

- Plastic pellet manufacture and container manufacture
- · Transport to and from hospitals
- · Decanting/washing of reusables; attrition replacement of reusables
- · Incineration of waste; transport of residues to landfill

Average CO_2 e was calculated over 10 years. Data was analysed using CHI2 and significance set at p \leq 0.05.

Results

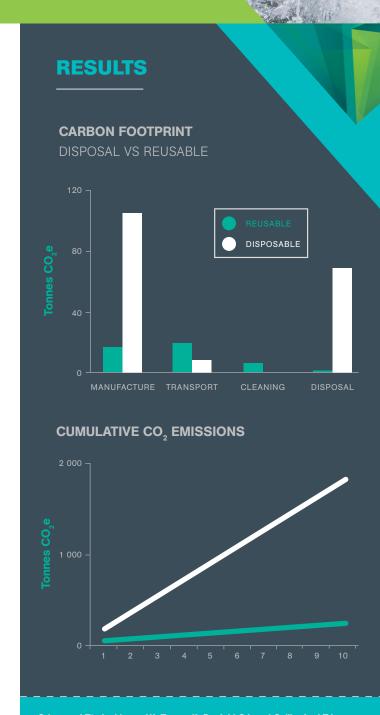
Disposables = 182.4 tonnes CO_2 e/yr; Reusables = 25.6 tonnes (-86%; p<0.001). Over 10 years, 466,190 disposable containers were manufactured vs 1,659 reusables. See right for result graphs.

Discussion

Manufacturing accounted for the largest $\rm CO_2e$ reduction, with treatment / disposal next. Transport and processing accounted for a small portion of the LCA Reusables saved 157 tons of $\rm CO_2e$ emissions/yr (15.1 tons/100 beds/yr).

Conclusions

Reusable sharps containers provide permanent resource efficiency and waste reduction and achieve sustainable consumption and production.



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